

# Lamoni Community School Newsletter February 2018

## CONTACT INFORMATION

### WEBSITE:

[www.lamonischools.org](http://www.lamonischools.org)

Phone: Elem 784-3422

MS & HS 784-3351

Fax: 784-6548

## ADMINISTRATION

Chris Coffelt,  
Superintendent

Alan Dykens,  
Pre K-12 Principal

## BOARD OF EDUCATION

Chip Millslagle- President

Michele Dickey-Kotz-  
Vice Pres

Larry Heltenberg

Nate Pierschbacher

Kris Stevenson

**School Board Meeting**

**Wed Feb 12th 6:00 pm**

## IMPORTANT DATES

Feb 15<sup>th</sup>- Gravy with Grandparents

Feb 16<sup>th</sup>- Feb Fest High School Dance

Feb 17-24<sup>th</sup>- National FFA Week

Feb 19<sup>th</sup>- Prof Development- No School

See the full calendar of events at:

<https://calendar.google.com/calendar>

## Open Enrollment Deadline

Lamoni Community School reminder to parents: **March 1** is the deadline for filing an open enrollment application with the resident and receiving districts for the 2018/2019 school year. For kindergarten students, the deadline is September 1. Any questions call the school at 784-3351.

Click below to see the application and information.

[Open Enrollment](#)



## From the Desk of Mr. Coffelt

Lamoni Students, Parents and School Community,

One of the priorities of our school district is the development and maintenance of a safe and welcoming school environment. Toward that end, we utilize Positive Behavior Interventions and Supports (PBIS) as a way to build systems capacity for implementing a multi-tiered approach to social, emotional and behavior support. The broad purpose of PBIS is to improve the effectiveness, efficiency and equity of all staff as we support the diverse needs of the students we serve. We were drawn to PBIS because of its' demonstrated ability to improve social, emotional and academic outcomes for all students.

More than two decades ago, two respected researchers, clinical physician Dr. Vincent Felitti and CDC epidemiologist Robert Anda, published the *Adverse Childhood Experiences Study*. This study revealed a troubling but irrefutable phenomenon: the more traumatic experiences the respondents had as children (such as physical and emotional abuse and neglect), the more likely they were to develop health problems later in life—problems such as cancer, heart disease, and high blood pressure. To complicate matters, there was also a troubling correlation between adverse childhood experiences and prevalence of drug and alcohol abuse and poor diet. Combined, the results of the study painted a staggering portrait of the price our children are paying for growing up in unsafe

environments, all the while adding fuel to the fire of some of society's greatest challenges.

Sponsored by the Lamoni SAFE Coalition and in partnership with the 1st Five Initiative with the Marion County Public Health Department, *Resilience: The Biology of Stress & the Science of Hope*, a KPJR film, is being shown at the Coliseum Theater on Tuesday, February 6, 2018 at 7 p.m. The film is free for any in the community that may be interested and continues our school focus on supporting students who are dealing with adverse childhood experiences.

As the documentary *Resilience* reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. *Resilience*, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose. (KPJR Films)

We look forward to this focus and working as a staff and school community to providing a learning environment that meets the needs of all the students we serve.

In all we do - PRIDE!

Chris

## **From the Desk of Dr. Dykens**

As we proceed into the month of February and on into the spring semester, I cannot help but to reflect on the winter and the transition into a new year and a new semester. Our school is one that is constantly finding itself moving in a positive direction, and the start of this year has not been any different.

Our elementary school has been very prominent in our focus on literacy improvement. We have restructured our daily schedule to maximize our literacy time within each grade and incorporate more small group programming. This small group programming is allowing for more individualized attention and ultimately change. Our scores are improving and we are excited about the direction our kids and school district are moving.

Our Middle School and High School students are also fully engaged in their educational process. We have recently finished up our Iowa Assessment Testing with our High School and Middle School, and are excited about the direction our students are traveling. We have had many activities going on in our school system as well. Our High School basketball programs have just about finished up their seasons and are preparing for Regional play. The Middle School basketball teams completed their seasons in high fashion. Our High School wrestlers are continually competing at high levels and our Bowling Teams are improving exponentially. Jazz Band is busy preparing for state and bringing excellence to a new level, and the Academic Team just placed very high in the conference tournament.

The school district is also proud to announce that it will be implementing a technology 1:1 initiative later this spring for grades 6-12. This is really a remarkable paradigm shift in our educational process, and we thank the Lamoni Community Board of Education for their support in this initiative. This initiative will be further explained later in the month at a Parents Night to be held on February 22<sup>nd</sup>. The Parents Night will consist of two separate components: Technology / Digital Citizenship and ALICE Training. Both of these initiatives are very important to the success of our district and we invite you to attend.

So help us reflect on what it means to wear the red and black and the Pride that goes along with that. We would like to encourage each of you to join us in our tradition as we bring the story of our current red and black Demon Pride back into the forefront. It is a focus on the present as much as it is the past. We want to celebrate each of our lives whether we are in high school now or were there 40+ years ago, our stories are the same. We are Demons and we are Proud. So wear that Red and Black, and let's show everybody what we are made of.

With Demon Pride,

Dr D

In ALL We Do – PRIDE



# February :Lamoni Community Schools Menu

2018

Menu Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 <sup>nd</sup> choice for breakfast :Cereal w/toast also offered: Yogurt 4oz Fruit: 4 oz 6 oz 100% Juice				<sup>1</sup> French Toast/Sausage Orange Chicken/Noodles Romaine, Carrots, Red Peppers, Apple	<sup>2</sup> Poptart & Boiled Egg Soft Taco & Corn Romaine, Tomato, Olives, Carrots, Pasta, Grapes	<sup>3</sup> Milk offered with meal
<sup>4</sup>	<sup>5</sup> Breakfast Wrap Sausage Chicken Day, Green Beans Romaine, Shredded Carrots, Cucumbers, Pineapple	<sup>6</sup> Cook's Choice Hamburger/Bun Chips Romaine, Tomatoes Peppers, Pasta, Apples	<sup>7</sup> Sausage/Egg/Cheese Biscuit Crispito, Refried Beans Romaine, Carrots, Olives String Cheese, Peaches	<sup>8</sup> Oatmeal & Toast Fish Sticks/Mac & Cheese Romaine, Carrots, Cucumbers, Broccoli, Pasta, Oranges	<sup>9</sup> Pancake Sausage Stick Pizza & Rice Romaine, Carrots, Cucumbers, Pepperoni, Pasta, Banana	<sup>10</sup>
<sup>11</sup>	<sup>12</sup> Breakfast Pizza Burrito W/Rice Romaine, Carrots, Cucumbers, Pasta, Apples	<sup>13</sup> Breakfast Wrap & Sausage Chili, Stuffed Bread Stick Romaine, Carrots, Peppers, Pears	<sup>14</sup> Omelet, Bacon, & Toast Sandwich & Chips Romaine, Tomato, Cheese Stick, Pasta, Sidekick	<sup>15</sup> Biscuits & Gravy w/Grandparents Crispito, String Cheese, Cookie Romaine, Carrots, Olives, Peppers, Pasta, Strawberries	<sup>16</sup> Muffin & Cheese Corndog, Carrots Romaine, Cucumbers, Broccoli, Cauliflower, Peppers, Pasta, Grapes	<sup>17</sup>
<sup>18</sup>	<sup>19</sup> French Toast/Bacon Pizza, Romaine, Carrots Diced Pepperoni, Diced Eggs, Pasta, Pineapple	<sup>20</sup> Oatmeal & Toast Chicken Gravy/Biscuit Romaine, Carrots, Broccoli, Cheese Stick, Peaches	<sup>21</sup> Egg, Sausage, Biscuit Tomato Soup & Grilled Cheese Sandwich Romaine, Carrots, Cucumbers, Cheese, Pasta, Apples	<sup>22</sup> Blueberry Muffin/Cheese Cheesy Ham Potatoes Romaine, Cherry Tomatoes Strawberries	<sup>23</sup> Cook's Choice Cook's Choice Bananas	<sup>24</sup>
<sup>25</sup>	<sup>26</sup> French Toast/Sausage Meat Loaf, Potatoes & Gravy, Roll Romaine, Carrots Peppers, Pasta, Peaches	<sup>27</sup> Omelet, Bacon, Toast Burrito, Refried Beans Romaine, Tomatoes Peppers, Pasta, Pears	<sup>28</sup> Blueberry Muffin/Egg Sloppy Joe, Spud Salad Romaine, Carrots, Peppers, Pasta, Strawberries	<sup>3/01</sup> Breakfast Pizza Beef & Noodles, Potatoes Romaine, Carrots, Peas Peppers, Oranges	<sup>3/02</sup> Pancake Sausage Stick *BLT wrap/Chips Romaine, Tomatoes, Cucumbers, Peppers, Pasta, Grapes *Other M/MA offered	We are an Equal Opportunity school



LAMONI COMMUNITY SCHOOL  
202 N WALNUT  
LAMONI, IOWA 50140

#### MISSION STATEMENT FOR LAMONI COMMUNITY SCHOOLS

Through our collective efforts in a caring environment, we will prepare students for a life-long process of learning, which promotes the ability and motivation to contribute to a better world.

# February NEWSLETTER

